

# Endure for a Cure 2019 Schools Challenge

Friday, 3<sup>rd</sup> May 2019  
Sydney Motorsport Park,  
Eastern Creek



Dear Parents or caregiver,

Endure for a Cure Schools Challenge is 5-hour cycling event held at Sydney Motorsport Park, Eastern Creek for high school students from Years 10 to 12. Students ride as part of the 12 hour Endure for a Cure corporate cycling event in a safe, traffic-free environment.

Following a highly successful pilot event in 2016, we are delighted to inform you that the Schools Challenge will be held on Friday 3<sup>rd</sup> May 2019 this year and we would love for your child to participate in this iconic event.

## **Why should your child participate:**

Children's Cancer Institute has one aim; to cure all childhood cancer. To do this we need money for on-going research. By participating in the Endure for a Cure Schools Challenge and enduring a day of physical challenge, your students will be helping improve the prognosis for other Australian kids with cancer, now and into the future, in a tangible, authentic way.

This event is a perfect opportunity for your child to forge lasting relationships and connections with some prestigious corporate organisations in Sydney as well as allowing students to give back to the community and help funding towards research for childhood cancer. Work experience placements, business and career mentoring and aspirational role models will be riding alongside your students every lap of the circuit.

This challenge also promotes team work, sport, fitness and healthy competition throughout the day to ensure your child is gaining many values and morals your school possess.

## **About the Day:**

- Schools arrive at 9.00am by bus, riding from 9.30am – 2.30pm.
- Presentation at 2.30pm and buses leave at 3pm
- Children's Cancer Institute will arrange all transport from central locations
- Teams of any size - top 6 distances for a school counting towards the final tally of kms ridden
- Winners will be selected based on total distance cycled and money raised
- The winning school will receive a trophy and invited to tour the Children's Cancer Institute laboratories in Randwick
- The student will need to abide by all race rules as dictated by the Ride Director.
- Bike mechanics and first aid support will be available on the day
- Each school will be allocated to a garage on the day where all gear can be stored

## **Students are to bring:**

- Comfortable cycling clothing including wet weather gear and jacket.
- A mechanically safe bike to ride. Prior to the event, students must check their bike is mechanically sound.
- A correctly fitted Australian Standards Approved helmet.
- Bottled water or your own bottles to refill throughout the day.
- A blanket or towel and any other items to make them comfortable, eg extra socks or change of clothes for the afternoon.
- Morning tea and lunch will be provided but students are to bring money if they are purchasing additional food.
- Students should also bring nutritional supplements, sunscreen, hats, spare tubes, bike pump and your own repair kit just in case. Mechanical support will be available to all riders free of charge but students will have to pay for parts.

If your child requires medication or suffers from travel sickness, please inform your child's teacher in writing, detailing how and when the medication is to be administered.

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## Cost:

Entry is FREE for participating students but students will need to fundraise to help raise vital funds for our childhood cancer research.

Your School will help you with fundraising efforts but we simply ask your child to get involved, engage their friends, family and networks and fundraise \$500 each (on average) towards vital research into childhood cancer.

Students are to fundraise through our website [www.endureforacure.org.au](http://www.endureforacure.org.au) Our website will show you step by step instructions on how to set up an account and start fundraising. If you have any problems or concerns please contact us, we are here to help!

## Fundraising ideas:

There are many ways to fundraise. We have listed some examples which may help you get started.

- Hold a mufti day at school with a gold coin donation
- Ask family and friends to sponsor a number of laps
- Hold a cake stall
- Best dressed scientist
- Trivia or Quiz night.

If you require any further information or support please don't hesitate to contact Lara El-Eter at [info@endureforacure.org.au](mailto:info@endureforacure.org.au) and we can arrange a phone call if needed.

Thank you for supporting us at this event. Your efforts are greatly appreciated and we look forward to welcoming your child and Schools team at the 2019 Endure for a Cure Schools Challenge.

Sincerely,

**Lara El-Eter**

Community Engagement Coordinator

**Children's Cancer Institute**

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